

Sunflower Supper Club
Frozen Meal Selections for July 2024

Meal Choices for Delivery Wednesday July 16th, 2024

1. Hamburger Stroganoff over Egg Noodles with Buttered Peas & Carrots
2. Glazed Meatloaf Meatballs with Cheesy Potatoes
3. Creamy Poppy Seed Chicken over Rice with Green Beans
4. Balsamic Grilled Chicken Strips with Lemon Alfredo Broccoli Pasta
5. Chicken Parmesan Pasta Bake with Garlic Bread
6. Sausage & Cheddar Quiche with Frozen Fruit Salad

Orders due by Sunday, July 7th, 2024

Call Kim at 620.664.6318 or 620.474.4873

You can also email your order to me at feefamily@cox.net