

Sunflower Supper Club  
Frozen Meal Selections for December 2022

Meal Choices for Delivery Tuesday December 6<sup>th</sup>

1. Cheesy Beef Taco Black Bean & Rice Bake with Chips & Salsa
2. Italian Veggie Beef Soup with a Dilly Muffin
3. Chicken Broccoli Alfredo Shells with Garlic Bread
4. Cranberry Hoisin Glazed Chicken Meatballs with Mashed Potatoes
5. Chicken Pot Pie Pasta Bake with Bread
6. BBQ Glazed Smoked Sausage Bites with Macaroni & Cheese

Meal Choices for Delivery Tuesday December 20<sup>th</sup>

1. Creamy Noodle Spaghetti Bake with Green Beans
2. Salisbury Steak with Buttered Egg Noodles and Peas & Carrots
3. Korean Ground Beef & Rice Bowl with Veggies
4. Doritos Cheesy Chicken Pasta Casserole with Frozen Fruit Salad
5. Chicken Tortilla Soup with a Corn Muffin
6. Chutney Glazed Ham with Cheesy Potatoes

Orders due by Sunday November 27<sup>th</sup>, 2022

Call Kim at 620.664.6318 or 620.474.4873

You can also email your order to me at [feefamily@cox.net](mailto:feefamily@cox.net)

Please note: There will only be 1 delivery on January 17<sup>th</sup>, 2023

I am taking time off to spend with my family over the holidays.

Wishing you a very Merry Christmas and Happy New Year!