

Sunflower Supper Club
Frozen Meal Selections for August 2022

Meal Choices for Delivery Tuesday August 2nd

1. Tex-Mex Spaghetti Bake with Chips & Salsa
2. Hamburger Stroganoff over Buttered Egg Noodles with Veggies
3. Cheesy Chicken & Hash Brown Casserole with Buttered Peas & Carrots
4. Smoked BBQ Chicken with a Sandwich Roll and Baked Beans
5. Sun Dried Tomato Chicken Pizza with Frozen Fruit Salad
6. Cheesy Baked Penne with Garlic Bread (Meatless)

Meal Choices for Delivery Tuesday August 16th

1. Bacon Cheeseburger Tater Tot Bake with Buttered Peas & Carrots
2. Philly Cheesesteak Meatloaf with Creamy Corn Bake
3. Chili Pineapple Marinated Grilled Chicken Strips with Coconut Rice & Broccoli
4. Chicken Pot Pie Quiche with Frozen Fruit Salad
5. Chicken Cordon Bleu Tetrizzini with Bread
6. Cheesy Enchilada Rice Bake with a Chips & Salsa (Meatless)

Orders due by Sunday, June 24th, 2022

Call Kim at 620.664.6318 or 620.474.4873

You can also email your order to me at feefamily@cox.net

Please note: August has 5 Tuesdays.