

Sunflower Supper Club Frozen Meal Selection for October 2021

Meal Choices for Delivery Tuesday October 5th

1. Beef & Bean Burrito Bake with Mexican Rice
2. Ground Beef Stroganoff with Buttered Egg Noodles & Peas and Carrots
3. Chicken and Wild Rice Casserole with Buttered Broccoli
4. Chicken Pot Pie Cobbler with a Garlic Cheese Biscuit and Frozen Fruit Salad
5. Maple Mustard Grilled Chicken Breast with Macaroni & Cheese
6. Smoked Sausage Cheesy Potato Bake with Sweet & Sour Green Beans

Meal Choices for Delivery Tuesday October 19th

1. Cheesy Mini Meatball Penne Bake with a Bread Stick
2. Classic Chili with Cornbread
3. Cheesy Chicken Spaghetti with a Roll
4. Teriyaki Chicken Meatballs with Rice & Veggies
5. Chicken Cordon Bleu Casserole with Buttered Veggies
6. Sausage & Rice Bake with Frozen Fruit Salad

Orders due by Sunday, September 26th
Call Kim at 664.6318 or 474.4873
You can also email me at feefamily@cox.net